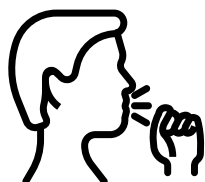


Human Metapneumovirus (HMPV)

Can cause respiratory disease, especially in young children, older adults, and people with weak immune systems.

Symptoms

Cough



Fever



Nasal Congestion



Shortness of Breath



How It Spreads

- Coughing
- Sneezing
- Close contact
- Touching items with germs and then your face

Prevention

- Wash hands often
- Avoid touching your face
- Cover coughs and sneezes
- Don't share items
- Stay home when sick
- Wear a mask around others

Treatment

- No vaccine or medicine exists for HMPV; see your healthcare provider if symptoms are ongoing.

**For more info,
scan the QR code:**

